

# Effusion, Confusion & Collapse Virtual CPD Programme

|                 |   |                  |   |
|-----------------|---|------------------|---|
| 8.00 – 8.45am   | Morning meditation with Claire Grigson  |                  |   |
| 8.45 – 8.55am   | Introduction to day   |                  |   |
| Clinical Stream |   | Wellbeing Stream |   |
| Time            | Lecture   | Time             | Seminar   |
| 9.00 – 9.55am   | <i>Kickstart my heart... Cardiac causes of collapse</i><br><b>Liz Bode</b>  | 9.00 – 10.55am   | <i>Maximising job satisfaction: personal development</i><br><b>Rosie Allister</b>     |
| 10.00 – 10.55am | <i>Part 1: Collapse... When the heart still works (non-cardiac causes of collapse)</i><br><b>Scott Kilpatrick</b> |                  |   |
| 11.00 – 11.30am | <i>Coffee Break</i>   |                  |   |
| 11.30 – 12.25pm | <i>Part 2: Collapse... When the heart still works (non-cardiac causes of collapse)</i><br><b>Scott Kilpatrick</b> | 11.30-12.25pm    | <i>Breaking down barriers to yoga for busy professionals</i><br><b>Chloé Hannigan</b> |
| 12.30 – 1.25pm  | <i>The dyspnoeic cat... Cardiac or not? (cardiac causes of dyspnoea)</i><br><b>Liz Bode</b>                       | 12.30 -1.25pm    | <i>Meditation: the what, the why and the how?</i><br><b>Claire Grigson</b>            |
| 1.30 – 2.15pm   | <i>Lunch</i>  |                  |   |
| 2.15 – 3.10pm   | <i>The dyspnoeic cat... Life and breath (non-cardiac causes of dyspnoea)</i><br><b>Scott Kilpatrick</b>           | 2.15 – 3.10pm    | <i>Kindness Wins</i><br><b>Katie Ford</b>   |
| 3.15 – 3.30pm   | <i>Coffee Break</i>   |                  |   |
| 3.30 – 4.25pm   | <i>Taking the confusion out of effusions...Case based discussions</i><br><b>Scott Kilpatrick &amp; Liz Bode</b>   | 3.30 – 5.25pm    | <i>Maximising job satisfaction: supporting teams</i><br><b>Rosie Allister</b>         |
| 4.30 - 5.25 pm  | <i>Don't go breaking my heart...Case based discussions</i><br><b>Scott Kilpatrick &amp; Liz Bode</b>              |                  |   |
| 5.30 – 5.45pm   | <i>Coffee Break</i>   |                  |   |
| 5.45 – 6.30pm   | The People Behind the Presentations   |                  |   |
| 6.30 – 7.25pm   | <i>Dinner Break</i>   |                  |   |
| 7.30 – 8.30pm   | The BIG vtx Pub Quiz with Simon Howard  |                  |   |